

Western Traveller & Intercultural Development

Community Resource & Youth Service Provider



Annual Report 2019



Registered Company No: 267495

Charitable Status No: 20026431

Table of Contents

Introduction	2
Review of the year	3
Primary Health Care	6
Youth Work.....	20
STAR TUAM.....	24
Tuam Community Childcare Centre	27
Organisations & Clubs based in our premises	33

Introduction

Western Traveller and Intercultural Development (WTID) has had an exciting year in 2019. WTID is still the largest community-based, community development organisation in Tuam.

WTID has noticed that again the numbers of people accessing the organisation for assistance and support has increased in 2019, community members from all walks of life and background, be it Traveller, Settled or Non-Nationals are using the services which are provided at WTID.

WTID works from a community development approach using the core principles of empowerment, participation, collective action, equality and social justice. These are fundamental to the ethos of the organisation. A notable characteristic of WTID is a teamwork approach.

All members of the staff team work in an integrated way on many projects and initiatives, some of which may be additional to their direct roles. This team approach to the work adds value to the work of a small Organisation where difference skills are maximised for the benefit of the community. WTID maintains a focus on the needs of the community as its primary motivation for action. The organisation has developed and cultivated a range of mutually beneficial relationships with a variety of service providers that has ensured the leverage of funding and partnership approaches to work.

This Annual Report sets out the key accomplishments of the organisation in 2019.

Tom Reilly
Chairperson

Review of the year

National Traveller and Roma Integration Strategy. (NTRIS)

A member of WTID staff sits on the national monitoring committee for this project. There are currently 2 sub-groups that WTID have representation on. One of them is the Retention of Traveller in Education and employment. Through Collaboration in 2018 WTID were identified as one of the 4 pilot sites.

Tuam was one of the areas that was chosen to take part in the pilot.

In March 2019 a team of two people both from the Traveller community began work on the project, working with parents, children, young people, schools, Traveller and Roma communities and service providers to identify those most in need and what the barriers were impacting the Traveller and Roma children's attendance, participation, retention and attainment in education. This has been done by a number of workshops and consultation programmes. In September 2019 they were joined by an Educational Welfare Officer and a Home School Community Liaison Coordinator. The aim of this pilot is to develop a sustainable programme to address the gap in educational outcomes for children and young people from the Travelling and Roma communities.

Residents associations

WTID work with a number of resident's associations in the town of Tuam. WTID continue to work with the Parkmore residents on maintaining the community house and common areas within the estate.

Public Participation network (PPN)

WTID have representation on this committee and keep the community informed of developments throughout the county. The PPN is a great vehicle for information for community groups throughout the county. A staff member from WTID currently sits on the National PPN committee.

Public Sector Duty

As was agreed by the WTID Board of Management in 2018 WTID has implemented the public sector duty legalisation throughout the organisation and is promoting the same in all other forum's that Travellers are involved in.

Shared Rearing and Foster Care

WTID currently participates on the Shared Rearing Steering Group with Traveller projects from the region and Tusla and is prioritising the issue of Traveller children in care in an effort to improve outcomes for Travellers. The Western regional Traveller Health Network (WRTHN) have developed a regional forum to look specifically at the issue of Traveller children in care in our region and what we would hope to achieve through work with Tusla (The Child and Family agency).

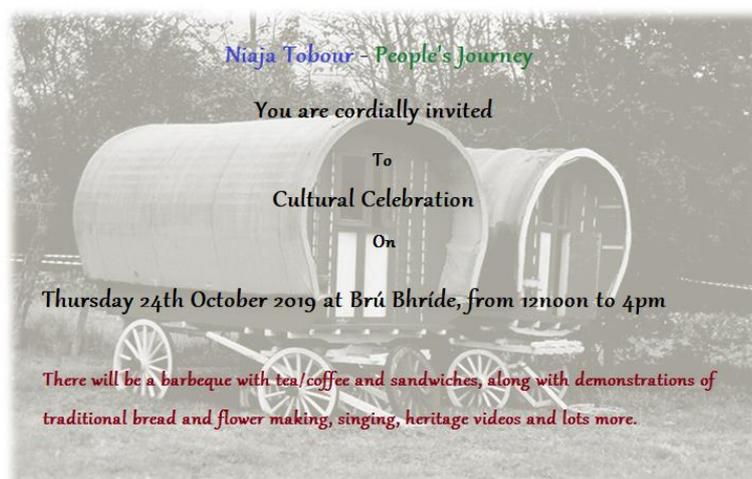
TUS

WTID provide work for a number of participants on Tus Schemes. The organisation applies to Galway Rural Development (GRD) annually for some workers to help out with various community projects. GRD have always been very accommodating in providing the organisation with workers. At the moment we have workers in maintenance and youth work.

Niaja Tobour – People’s Journey

This year instead of having both Traveller Pride Week and the annual Christmas party, WTID held a celebration of Traveller cultural in October. Invitations were sent to both the Traveller and settled communities.

There was a display of traditional crafts, cooking over an open fire, video’s taken in the 1950’s/60’s of Traveller families on the road and a tinsmith. The event end with signing and storytelling by older members of the Traveling community.



Parkmore Allotments

The allotment project is going from strength to strength with a number of new tenants both young and old. The Polly-tunnel is in use and is an excellence resource for all people who use the allotments.

Men’s Shed

The shed continues to be used on a weekly basis by men. They are continuing with repairs to the barrel top wagon as well as other cultural pieces.

Traveller Health Unit Strategy

Staff members within WTID are involved in various different sub-groups and have responsibility for rolling out the strategy plan that was launched in 2017 in different specific areas with other THU members.

Drug Task force

A member of staff from WTID sits on the regional Drugs task force. They keep WTID and all the Traveller projects informed of Training, upcoming events and new initiatives.

Speech and Language

The designated speech and Language service for Travellers is based in Tuam and is in regular contact with WTID and the Childcare service. The steering group meet twice yearly to review and plan.

Student placement

WTID provided placement for a number of Students in 2019. The students came from Tuam Community Training Centre, Youth Reach, Health Promotion, NUIG and schools

Health and wellbeing workshop of the Local Community Development Committee. (LCDC)

A subcommittee was set up in 2018 to look at county wide initiatives that could be rolled out with an interagency approach. WTID received funding from the Healthy Ireland fund for the life-skills programme for young Traveller women that was rolled out in 2019. This programme included the following:

- Cookery Booklet production
- Yoga therapy
- Cardio sessions
- Food sessions
- Outdoor education centre
- Traveller Culture enterprise

County Childcare Committee

A member of Staff from WTID is a board member on the county Childcare Committee. The childcare committee have been very supportive of the childcare facility WTID manages and are always on hand for advice.

Rapid

In 2018 WTID were successful in applying for and receiving funds under the rapid programme for new kitchen facilities. This work was carried out in 2019 and has been of huge benefit to all the groups that use the facility.

GRETB

In 2018 WTID were successful in applying for and receiving funds under the youth programme for upgrading of facilities. This has been of huge benefit to all the young people that use the facility.

Staffing

WTID directly employed 23 people in 2019 and had a support staff from various schemes. This has help WTID continue to deliver the services to the community.

Primary Health Care



Health as an area of work is one of the most significant for WTID. The overall aim of WTID's Primary Healthcare Programme (PHC) is to improve the health status and quality of life for Travellers in Tuam and its environs by identifying the community's specific health requirements and the necessary health service provision. WTID implements one of the most successful PHC Programmes in the country and currently employs seven Community Health Workers (CHW's) on a part time basis. The work in 2019 was influenced by the findings of the All Ireland Traveller Health Study 2010. Key Performance Indicators (KPI's) for this year focused on cardiovascular health, diabetes and mental health.



Back row: Teresa Kelly (DSP CE Supervisor), Sally Sweeny (Community Health Worker (CHW)), Kathleen Ward (CHW), Mag Ward (CHW), Bridget Ward (CHW), Nora Ward (CHW), Mary Ward (CHW) and Caroline Canny (Health Coordinator).

Health Promotion

The mainstay of the PHC Programmes work continues to be health promotion, and signposting to relevant service/agencies, be it for health screening, support or intervention. Outreach work in 2019 was conducted about the importance of positive mental health; immunisations; Early Childhood Care and Education (ECCE) Scheme; heart health; diabetes awareness; asthma and antenatal care, to name but a few. PHC offers family support with regards accommodation issues; child development support; literacy support i.e. form filling/ reading health appointments and phone calls to various services as requested by the community member.

Horticulture Course

PHC hosted a wonderful “How to Grow your Own” course facilitated by an experienced Horticulture Tutor. Group members learned when and how to plant a wide variety of herb and flower seeds. Over the course the group watched the seeds germinate and flourish. The skill of flower arranging was also taught. This was a very successful and well enjoyed project.



Paper flower baskets made by the CHW's



CHW's in the community house planting seed for the polytunnel



Traveller Midwifery and Gynae Working Group

The Traveller Midwifery and Gynae Group continued to meet over 2019. The purpose of the group is to build links, share resources and information to improve the health outcomes for Traveller mothers and their babies using the Maternity Services at UHG. WRTHN planning and preparations got underway for the recording of a multi-media antenatal resource specifically for Travellers. This resource will be launched in 2020.



Nora Ward with Niall and Kelly Wards beautiful new baby



Jonathan Ward (CE) and Barry Hunt (Hunt Films)



Tom Reilly (Chairperson Board of Management WTID), Kathleen Ward (CHW), Mary Syron (Traveller Health Unit Coordinator HSE) and Nora Ward (CHW).



Kathleen Ward (CHW), Kelly Ward with her beautiful new baby and Nora Ward (CHW)

All partaking in recordings for the WRTHN antenatal multi-media resource.

WRTHN Information Session



Selene Daly Dermatology Nurse Specialist pictured above with CHW's from the WRTHN. Selene facilitated a very informative workshop pertaining to all things skincare. There were lots of questions for Selene and lots of learning done at this lively information session.

Learning through fun: String Class

Dave Titus (The Stringman) held a workshop with the PHC Team using his unique technique of string figures and formations to tell stories and express emotions.



Access to Nursing and Midwifery

The School of Nursing and Midwifery and the Access Programme at NUIG linked with PHC to host an access to Nursing and Midwifery Workshop in February 2019. The workshop was very well attended. Youth Reach Tuam supported the event and a group of their students were present. Presentations were delivered by the schools' lecturers at Aras Mayola and the group were shown around the campus.



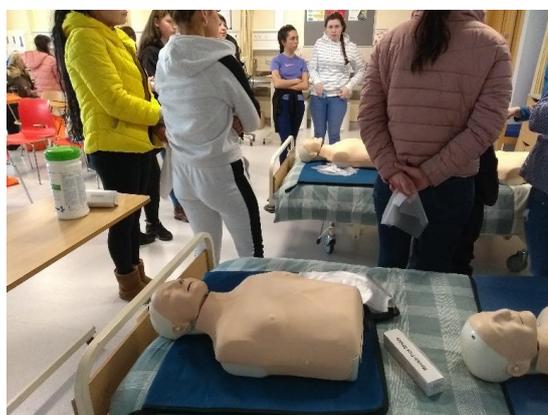
Katelyn Sweeny learning to take Bridget Wards (CHW) Blood Pressure with the help of Bernard McCarthy (Lecturer).



Bridget Ward (CHW) practicing CPR.



Bridget Ward (CHW) pictured with the school's skeleton



The group about the skills of CPR

Infant and Child CPR Workshop

25 young people attended a workshop delivered by 3 lecturers from the School of Nursing and Midwifery NUIG. PHC worked closely with Youth Reach Tuam to ensure maximum attendance. The group benefited enormously for it and the key messages will stay with them.



Tusla National Child and Youth Participation Conference 2019

Caroline and Liz hosted a workshop on the Diversity Toolkit at the conference whilst Amy gave a wonderful presentation about her involvement and learning experiences as part of the Life skills Group.



L-R: Caroline Canny (PHC Coordinator), Amy Sweeney (Life skills Group Participant) and Liz Loftus (Youth Worker) pictured at the National Child and Youth Participation Conference in Athlone.

The Life skills Group

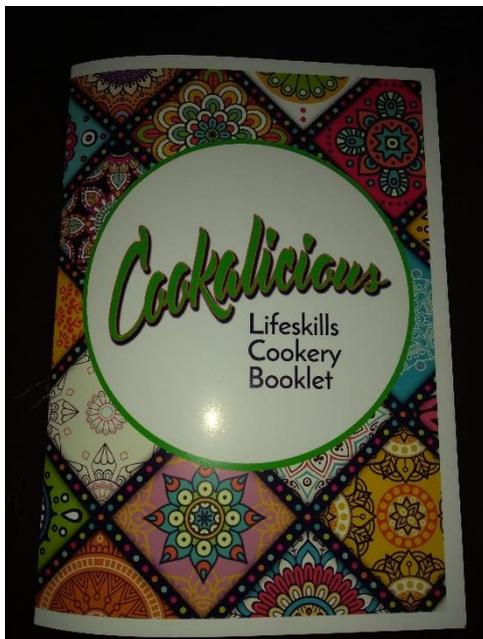
The Life skills Group were involved in two workshops as part of a European wide research study by the UNESCO Child and Family Research Centre NUIG. The study was seeking the views of children and young people on: what they knew about or to whom they would turn to seek help if they experienced harm, what they thought would help children and young people accessing information and looking for help. The young girls were delighted to have the opportunity to see a part of the NUIG campus, get a tour of the Life course Building and one of its lecture halls whilst also sharing



Participation for Protection



Lifeskills group developed an easy to follow cookery booklet



Outing to at Turoe Pet Farm and Children's Outdoor Activity Centre.



Members of the Life skills Group taking a well-deserved rest from an active and fun filled day out at Turoe Pet Farm and Children's Outdoor Activity Centre.



Francine Ward and Karen Sweeney pictured at Turoe Pet Farm and Children's Outdoor Activity



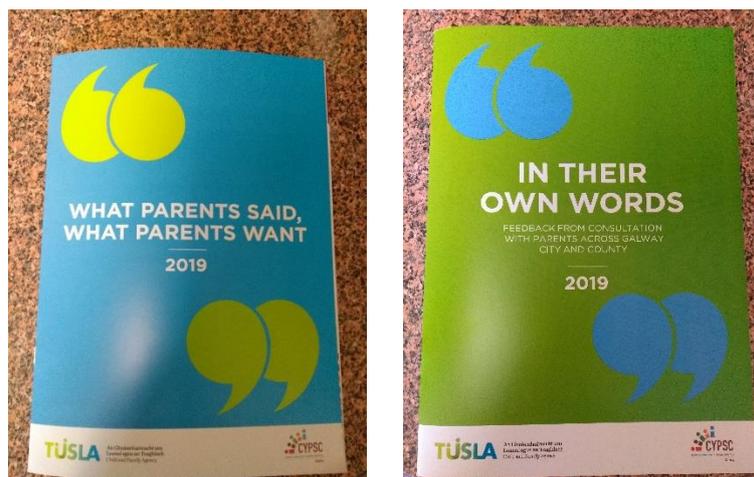
Amy Sweeney meeting one of the animals at Turoe Pet Farm and Children's Outdoor Activity Centre.



The Life skills Group on an outing to Rinville Park



Tusla Prevention Partnership and Family Support consultation



Nine Traveller parents from Tuam were part of a survey conducted by Tusla with over 800 parents across Galway County and City. The aim of the survey was to give parents a voice on issues that matter to them and their children. The main issues brought up by parents who PHC surveyed included:

- Literacy supports for older teenagers and young adults
- Delivery of the school curriculum to cater for the way Travellers learn
- Encourage Traveller parents and make them feel welcome to attend parent teacher meetings
- Locally based activities for children
- Awareness raising with parents around the signs/symptoms of alcohol/drug misuse
- Community Garda presence to monitor underage drinking and loitering
- Traffic calming in estates and halting sites

Yoga

PHC were delighted to have the opportunity to attend Yoga classes this year. Participants learned relaxation and breathing techniques and stretches to help elevate aches and pains in a supportive and calm atmosphere thanks to Mairead who is a wonderful teacher.



L-R Mag Ward (CHW), Kathleen Ward (CHW), Mairead Mahon (Yoga Teacher) and Caroline Canny (PHC Coordinator).

Traveller History Project



L-R Rosa Meehan (Curator National History Museum- Country Life), Mag Ward (CHW), Bridget Ward (CHW), Brigid Carmody, Keith Maughan and Senator Michelle Mulherin attending the launch of The Giant Tent at Turlough House

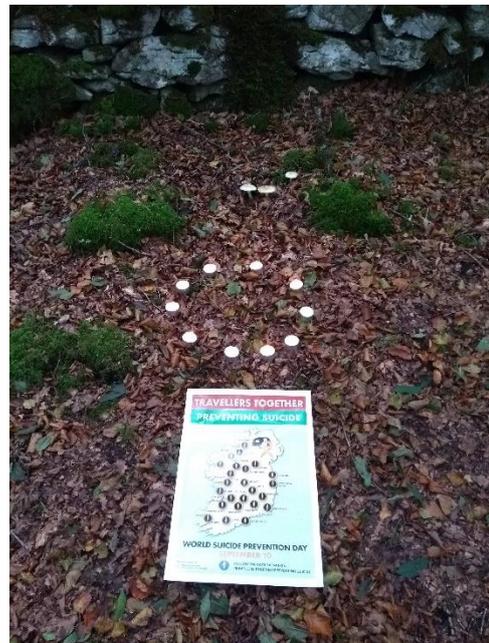
Traveller Mental Health Services Coordinator

Jacopo Villani (Traveller Mental Health Services Coordinator) facilitated a cookery demonstration on Italian food in the Winnymay Kitchen Harmony Hall. Everyone in attendance really enjoyed learning different cookery techniques and sampling new foods.



World Suicide Prevention Day 2019

Sally Sweeney at the summit of Knockma Castle Hackett in remembrance of those in the community who we sadly lost to suicide. Suicide among Travellers is six times the national average and accounts for 11% of all Traveller deaths (AITHS 2010).



May Alter

May is the months of Mary. Our Lady is very important to the PHC CHW's and this beautiful alter was made in a celebration to her by the team.



Youth Work



Youth Project currently employ one staff member with the support of 2 CE scheme workers, these workers have to be identified and trained as youth workers and introduced to the NQSF. There is a small group of Volunteers which consists of 6 people.

The youth project targeted approximately 80 young people in 2019 the youngsters attended various activities throughout the year.

The youth project office is open from 3 days a week from 9:30am to 1pm and 1:30pm to 5:30 in Brú Bhríde and also has a presence at the community house Parkmore 3 afternoons a week from 3pm to 5:30pm approximately.

Other youth projects commence at various times.

The Boxing clubs operates 3 evenings, from 5:30pm to 8pm.

There is a drop in youth club every Thursday evening from 6pm to 8:30pm in Harmony Hall (next to the main building)

The life skills girls programme Targeted 14 girls aged 16+ during 2019. The program was successful, and looked at health and well financial management etc

The fishing activity group for young people had 8 sessions during 2019 and was positive, as the young people really engaged with the program. It was a great learning experience for them.

A soccer club is run every Wednesday from 3:30pm to 5pm at St Patrick's school Gym this has an attendance of 20 approx.

Summer Programs

The summer program was a success. We ran the camp with a traditional Traveller theme again during 2019, young people were introduced to cooking skills with the older Travellers women demonstrating to the young people involved in the project.

The summer camp provided activities for 50 young people in June\July age group 8-12, 13-18+ years of age. Activities included sports training, soccer training, arts crafts, hiking to Castle Hackett, BBQS and other sports events.

The older groups were introduced to outdoor activities and basic survival skills.



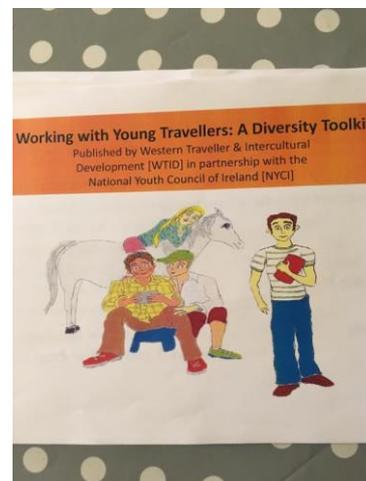
'Participation for Protection'

The Girls Afterschool Group attended two focus groups as part of the 'Participation for Protection' research being carried out by the UNESCO Child and Family Research Centre at NUIG.



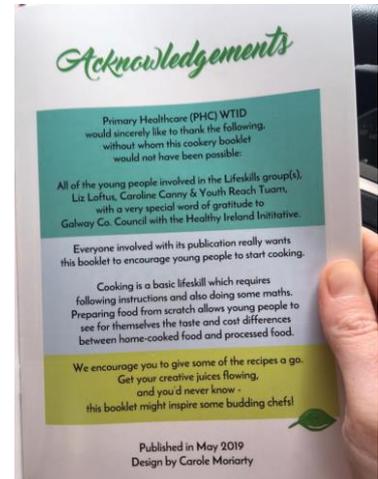
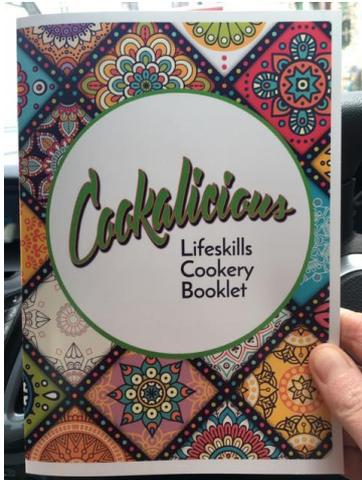
Tusla Child and Youth Participation Conference 2019

A workshop was facilitated at the Tusla Child and Youth Participation Conference 2019 re the Diversity Toolkit developed by WTID and NYCI. A young person from the afterschools programme contributed to this presentation to a room of 50 people. WTID maintained its Investing in Children Award.



Cookery Book

The youth programs deliver the participants with programs, that met their requirements. The young Girls life skills project completed a cookery book with some traditional dishes included. It was launched at the An Tobar Nua event at Brú Bhríde in Oct 2019. The youth officer Michel Kelly was present for the launch.



STAR TUAM



The NTRIS Tuam pilot project is a joint initiative of the Department of Education and Skills, the Department of Justice and the Department of Children and Youth Affairs. This pilot project is one of many initiatives that has developed from the National Traveller and Roma Inclusion Strategy (NTRIS) 2017 - 2021. The overarching objective of the project is to improve the attendance, participation and retention of Traveller children and young people in the Tuam area. The Tuam pilot project is made up of four staff members. Bridget Ward and Martin Ward are Education Workers, Erin Conway is a Home School Community Liaison Coordinator and Deirdre Swords is an Educational Welfare Officer. The pilot has 3 key goals. The pilot team are currently consulting with key stakeholders around these 3 goals and this survey forms part of that consultation.

Supporting Travellers and Roma

The Pilot has 3 Overarching Goals that in turn direct the team

Goal 1

Students – To improve the learning experience and outcomes for Traveller and Roma students in schools in the pilot areas.

Goal 2

Parents and Guardians – To improve parental/guardian engagement with the school community and foster an appreciation of the value of education among Traveller and Roma communities.

Goal 3

Schools – To improve attendance, participation and retention with the aim of improving the educational outcomes of Traveller and Roma Students.

Programmes and Workshops

Project staff have been reviewing support programmes that are available for use.

- Managing challenging Behavior – Provided by Joe Coughlan (Tusla two-day intensive parenting course, this course is run regularly and open for referrals for project staff).
- Power to change Programme – Intensive parenting programme to address child to parent violence. (Currently not being ran as it is being reviewed by Tusla).
- Parenting Programmes run for early / middle years and parenting teenagers ran by Tusla Family Support Service.
- SCP Programmes – Friends for life, social support programme that runs in schools for up to 8 weeks with 3rd class and up.
- Peep, Parent child facilitated programme that aims to support strong parent / child relationship building and bonding.
- Incredible year / Dina School, facilitated group work programme ran with junior and senior infants.
- Social skills and incentive programmes, facilitated group work programme ran with small groups can include cooking / team building / games / anti bullying etc. Mindfulness groups.
- Check and connect – A student / Teacher mentoring programme. Check & Connect is an intervention used with students who show warning signs of disengagement with school and who are at risk of dropping out. At the core of Check & Connect is a trusting relationship between the student and a caring, trained mentor who both advocates for and challenges the student to keep education salient. Students are referred to Check and Connect when they show warning signs of disengaging from school, such as poor attendance, behavioral issues, and/or low grades.
- Big brother Big sister School based programme Foroige, operates a mentoring programme in schools. The aim is to provide additional support to young people who have made the transition from primary to secondary education. The programme matches first year students with fourth/fifth/sixth year students. They meet once a week, for a school year and participate in games, sports, making lunch etc. in the school. Recruitment, training and supervision techniques are provided by BBBS for the schools programme. A designated teacher facilitates the programme in each school and links in with the local BBBS Officer. The schools programme is currently operating in over 50 schools throughout Ireland.

The following are a list of the programmes have been facilitated

- Men's Heath & Education Pilot
- PX2 Programme
- BOI Town Enterprise Awards (Collaborated with the BOI)
- STEPS Programme
- STEAM Project
- One Book One Tuam
- Traveller Ethnicity Event -NUI
- Parental Council
- Family Support
- Individual Support
- Pathways to Education
- Health and Fitness with Training
- Homevisits
- School Visits



Tuam Community Childcare Centre



The service is community based and is currently owned and managed by WTID. The Management Committee of WTID is responsible for the overall operation of the childcare service, ensuring that the service operates in a manner that is compliant with statutory regulations and with the ethos of the childcare service and WTID.

Tuam Community Childcare Centre is dedicated to provide an enriching and challenging educational environment, where each child is encouraged to grow to his or her fullest potential academically, socially and emotionally. We strive to provide a welcoming, calm and caring environment where children are able to play and learn at their own pace, making discoveries and choices for themselves along the way. Our ultimate aim is to provide a childcare programme, which promotes optimal development for each child, supports parents, upholds best practices of early childhood care and education and promote collaborations that help all children realise their potential.

To achieve this WTID works in partnership with parents, staff and children, by providing a secure learning environment, which enable children to be happy, confident and independent and to have positive and productive experiences during their time with the service.

Description of Service

The service is located in Parkmore Estate, Tuam, and caters for children between the ages of 1 year to 15 years. The service operates from Monday to Friday from 9a.m. to 6.30 p.m. daily.

The service is affiliated to the Galway City and County Childcare Committee, is a member of Early Childhood Ireland and is also notified to the Health Service Executive and inspected by them. The service follows the principles of Siolta and Aistear.

Support services include the Early Intervention Team, Speech & Language Therapist, Psychologist, Public Health Nurse, Family Support Workers and the Pre-School Liaison worker. I would also work closely with the Presentation Primary School and the Mercy Primary School in meeting with their Home School Liaison Teachers regarding enrolling children who are eligible to attend primary schools.

Facilities:

- Purpose built Childcare Centre.
- Open 5 days a week.
- ECCE Scheme – 38 weeks.
- CCS Scheme – 46 weeks.
- Secure entrance.
- Outdoor play areas with hard and soft surfaces.
- Full-time/part-time/sessional service.
- Spacious rooms.
- Fully equipped Pre-school rooms.
- Afterschool care.
- Bus collection and drop off service for children attending both morning and afternoon programmes.
- Own Allotments and access to Tuam Community Allotments.



Objectives

To provide a safe, secure, stimulating environment, which can embrace all children and values their race, language, gender, age, disability, culture, class and religion.

- To value all children as individuals and appreciate their uniqueness.
- To value parents and carers as the primary educators of the child.
- To ensure that all staff receives appropriate training and maintain high levels of practice.
- To develop practice that values the wider community as a means of adding to the richness of programmes.



Mission statement

Tuam Community Childcare Centre is committed to valuing and respecting all children in the service. The mission being to provide a safe, child-centered environment that promotes the development of each child. Tuam Community Childcare Centre working with parents and the local community ensuring quality, affordable childcare in response to the needs of the parents in the community.

Afterschool's Programme

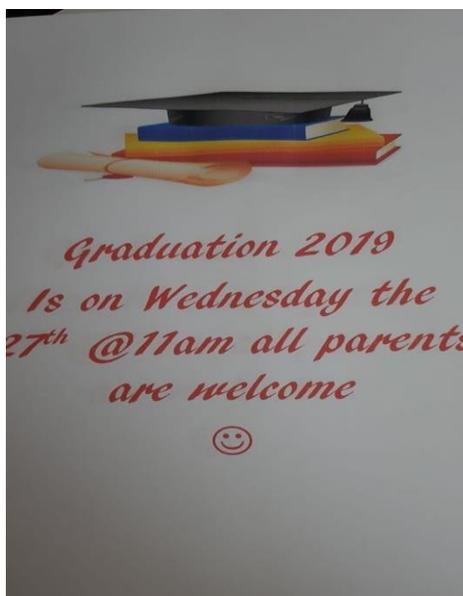
The Afterschool's Programme caters for children between the ages of 5 years to 15 years. The service operates from Monday to Friday, from 1.40 p.m. to 6.30 p.m. A pickup service from all primary schools in Tuam town is provided on a daily basis with a drop home service between 5.15pm and 6.30pm.

The service provides supervised homework and planned activities to encourage and develop self-esteem, sociability, friendship and co-operation with others.

Various programs take place both within and outside of the center on a weekly basis with all afterschool children. We ensure that children are continuously trying out new activities such as soccer, gymnastics, Bar Monkey, baking, cooking and art.

Pre-school Graduation Ceremony

The pre-school graduation was held on Wednesday the 27th of June in the service with 21 children moving on to primary school. We are very proud of all the boys and girls who are starting their journeys in “Big School” in September.



Pre-school Services Training.

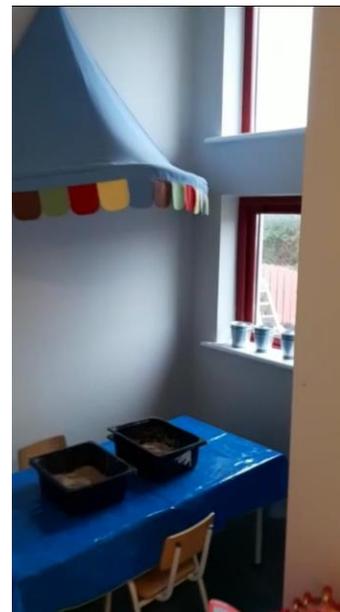
The Childcare Centre’s manager completed Nurture Training. A number of childcare workers began QQI Level 5 in Childcare.

Aistear & Siolta.

The Aistear & Siolta curriculum is followed and practiced on a daily basis within our morning service. This curriculum is very innovative and impressive, with children benefiting from its contents continuously. This year advanced supports for the Aistear & Siolta programme continue, with an early year’s specialist working closely with our childcare management and workers to develop and implement quality development goals and actions, prioritizing the needs and interests of children within the service. This has been a huge success to date and we look forward to continuing and improving our work within this programme throughout 2020.

Update of Classrooms.

Based on recommendations from the Early Years Siolta & Aistaer specialist, Pobal and TUSLA compliance visits, the childcare centre has placed a huge emphasis and a lot of work on updating classrooms. There has been a lot of thought and work placed on ensuring the rooms within the facility are all equipped with safe, appropriate, innovative, and creative and age appropriate learning tools, equipment, activities and toys.

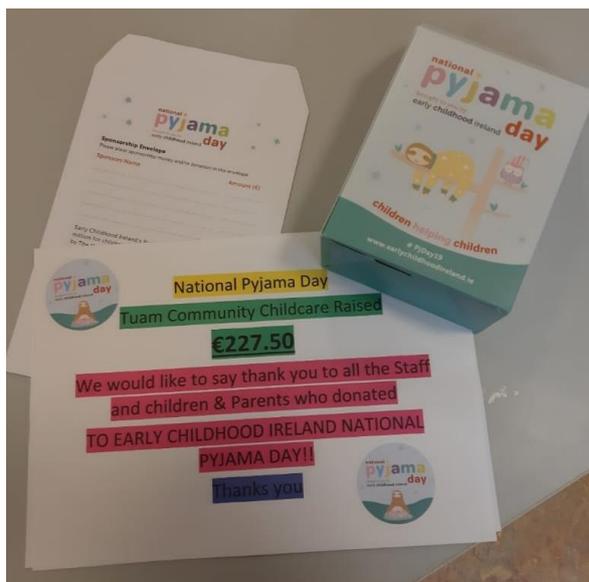


Early Childhood Ireland National Pyjama Day.

On the 10th of May 2019 all the staff and children within our childcare service took part in supporting Early Childhood Ireland's national fundraising day "National Pyjama Day". Staff and children were sponsored to wear their Pyjama's into

Into the childcare setting. Activities such as storytelling, nursery rhymes and many more took place on the day, which was

A day full of fun and goodwill with €227.50 raised for the cause.



NCS Programme.

The launch of the Department and Children of Youth Affairs new National Childcare Scheme (NCS) on the 20th of November 2019, brought about various changes to the childcare sector. With all childcare services in the country being required to sign up to this new programme, which states it will "support families to meet the cost of quality early learning care and school age childcare through a system of universal and income – related subsidies". Tuam Community Childcare Centre have signed up to this new programme and offer this option to all families availing of our service based on whether it is suitable to their individual circumstance.

Organisations & Clubs based in our premises

Citizen Information Services	Tuesday – Friday	11am – 4pm
Seetec Employment Services	Monday, Tuesday, Wednesday & Friday	9am – 5pm
Narcotics Anonymous	Monday and Friday	8pm – 9pm
Alcoholics Anonymous	Mon/Wed/Fri	1pm – 2pm
Al-Anon	Thursday	7:30pm – 9:30pm
Gamblers Anonymous	Wednesday	8pm – 9pm
Being Well Group	Monday – Saturday Sunday	9:15pm – 10:30pm 6pm – 7pm
Tuam Boxing Club (Runs from Oct – May)	Mon/Wed/Fri Sunday	7pm -9pm 12 noon – 3pm
Gibbons Farrell Spellman Academy Irish Dance (Harmony Hall)	Wednesday	5pm – 8:30pm
Guitar & music lessons (Harmony Hall) (School term times)	Monday – Friday	4pm – 7pm
I.C.A. (September – June)	Tuesday	7pm – 9pm

